

EAST LOTHIAN YACHT CLUB OPEN REGATTA 2023  
SAILING INSTRUCTIONS (SIs)



*Organising Authority – East Lothian Yacht Club*

3rd and 4th June 2023

North Berwick

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Flotation Devices must be worn at all times while afloat. Flag Y will not be displayed. This changes RRS 40.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 10.00hrs on the day it will take effect, except that any change to the schedule of races will be posted by 20.00hrs on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located online at <https://elyc.org.uk/regatta23>.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole on Elcho Green.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

5.3 [DP] Flag D displayed ashore with one sound means the warning signal will be made not less than 30 minutes after flag D is displayed for all courses. All boats shall not launch until this signal has been made.

5.4 If Flag D over E is displayed ashore SI 5.3 applies to all boats sailing on the east course only and if Flag D over W is displayed ashore SI 5.3 applies to all boats sailing on the west course only.

## 6 SCHEDULE OF RACES

6.1 The schedule for racing is as follows:

Date	First Warning Signal	Number of Races
Saturday 3rd June	12.56hrs	Up to 4 (*see 6.4)
Sunday 4th June	10.56hrs	Up to 4

6.2 6 races are scheduled for the series.

6.3 Selected classes may be invited to participate in an additional Bass Rock race, which may run on Saturday 3rd June after the series racing has been completed for the day.

6.4 The race committee will signal their intention to run the Bass Rock race by displaying Flag B over the class flags of the classes that are invited to participate at the finish of a race in the above schedule.

6.5 On the last scheduled day of racing no warning signal will be made after 15.00hrs.

## 7 CLASS FLAGS

7.1 The intended class flags are:

Scottish Skiffs	Flag F
RS200	Flag K
D-Zero	Flag G
Aero	Flag J
National 12	Flag O
ILCA6	Numeral pennant 6
ILCA7	Numeral pennant 7
Streaker	Flag R
Handicap	Flag T

7.2 Any changes to the intended class flags will be notified at the briefing.

## 8 RACING AREAS

- 8.1 The racing areas may be in the west bay of North Berwick between Craigleith Island and the Lamb offshore off the Law rocks or in the area to the north east of North Berwick harbour, extending east towards the Bass Rock.

## 9 COURSES

- 9.1 The diagram in SI Addendum A shows the courses to be sailed for the series for Scottish Skiffs and RS200 fleets.
- 9.2 The diagram in SI Addendum B shows the courses to be sailed for the series for D-Zero, Aero, National 12, ILCA7, ILCA6, Streaker and Handicap fleets.
- 9.3 The approximate magnetic bearing to the first mark and the intended number of laps may be displayed on the committee boat.
- 9.4 Boats sailing the course shown in SI Addendum B must pass through the start/finish line on each windward leg.
- 9.5 The diagram in SI Addendum C shows the course to be sailed for the additional Bass Rock race if run.

## 10 MARKS

- 10.1 Course marks shall be as detailed in the course charts in Addenda A, B and C and generally be yellow or orange cylindrical marks or red or yellow spherical buoys.

## 11 THE START

- 11.1 The race committee may choose to use a single starting sequence for a class or a rolling starting sequence as follows. This changes RRS 26.

Time	Signal	Signals Displayed/Removed
-4 minutes	Warning Signal	1st Class flag displayed
-2 minutes	Preparatory Signal	Preparatory signal displayed and next class flag displayed if rolling sequence
0 minutes	1st Class Start Signal	1st Class flag removed and preparatory, if not a rolling sequence. The race committee may change the preparatory signal displayed for the next start
+2 minutes	2nd Class Start Signal	Class flag removed. Preparatory may change.
<i>Rolling sequence repeats with start signals at 2 minute intervals.</i>		

- 11.2 The line is defined as the line between the mast displaying an orange flag on the committee boat and the pin end buoy.
- 11.3 An inner limit mark may be used to protect the committee boat. If used, no boats shall pass between the limit mark and the committee boat.
- 11.4 The intended order in which the fleets will be started for the first race will be given at the briefing. The order in which the fleets will be started may be changed at the discretion of the race committee.
- 11.5 Prior to commencing the starting sequence the race committee may draw attention to the upcoming sequence by displaying an orange flag and making multiple sound signals.
- 11.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.7 In the event of a general recall the class that has failed to start will go to the end of the start sequence. The classes yet to start will continue without alteration. This changes RRS 29.2.
- 11.8 For general recalls of any class except the last one, the first substitute will be removed without a sound signal 1 minute after the starting signal of that class.
- 11.9 RRS 29.2 will apply in the event of a general recall for the last class starting.
- 11.10A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## 12 THE FINISH

- 12.1 The finish line (except for the Bass Rock race) is between a mast displaying a blue flag on the committee boat and the finish mark. The finish line for the Bass Rock race is described in SI Addendum C. The committee boat may be substituted by a RIB for finishing purposes.
- 12.2 An inner limit mark may be used to protect the finish boat. If used, no boats shall pass between the limit mark and the finish boat.
- 12.3 The race committee shall signal the intention to finish by displaying flag S with two sounds on the committee boat. The race committee may display flag S over class flags indicating that those classes only are to finish.
- 12.4 The race committee may move the committee boat at the finish from its position at the start. Alternately, classes may be finished by a RIB displaying flag S at any mark on the course.
- 12.5 To aid the quick turnaround of races the race committee reserves the right to finish boats in their observed position on the course. If this is the case a RIB will communicate to the relevant boat(s). This changes RRS 28.1.

### 13 PENALTY SYSTEM

- 13.1 In the event that a boat breaks RRS 31, touching a mark, they shall take their penalty, if applicable, as per their class rules, only if they have their own class start and are not sailing in a handicap fleet.

### 14 TIME LIMITS AND TARGET TIMES

- 14.1 The target time for the first boat finishing in each class is 45 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 14.2 The first mark time limit is 30 minutes. If no boat has passed the first mark within the first mark time limit, the race will be abandoned.

### 15 HEARING REQUESTS

- 15.1 The protest time limit is 40 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.2 Hearing request forms are available from the ELYC beachmaster. An arbitration meeting will be held prior to any protest hearing for each incident resulting in a protest by a boat involving one or more rules of part 2 of the RRS or RRS 31. A boat that may have broken one or more rules of part 2 of the RRS or RRS 31 may take a postrace scoring penalty of 30% at any time until the start of a protest hearing.
- 15.3 Notices will be posted on the notice board at the end of the protest time limit and hearings will commence as soon as possible thereafter.

### 16 SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 (a) When fewer than four races have been completed, a boat's series score is the total of her race scores.  
(b) When from four to six races have been completed, a boat's series score is the total of her race scores excluding her worst score.
- 16.3 If different classes start together and are in one race, results will be determined using the Portsmouth Yardstick system and average lap times.

### 17 SAFETY REGULATIONS

- 17.1 Helms must collect a trolly tally from the beachmaster's tent at the dinghy park. This tally must be attached to the boat's trolly before launching. This is a vital part of the safety procedure, failure to attach a tally will result in disqualification.
- 17.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

### 18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 [DP] Substitution of competitors is not allowed without prior written

approval of the race committee.

## 20 PRIZES

- 20.1 Prizes will be presented at the prize-giving that will take place on Sunday in the bar after racing.

## SI ADDENDUM A

A 1.1 The courses to be sailed are as follows. All marks to be left to port with the exception of 3P.

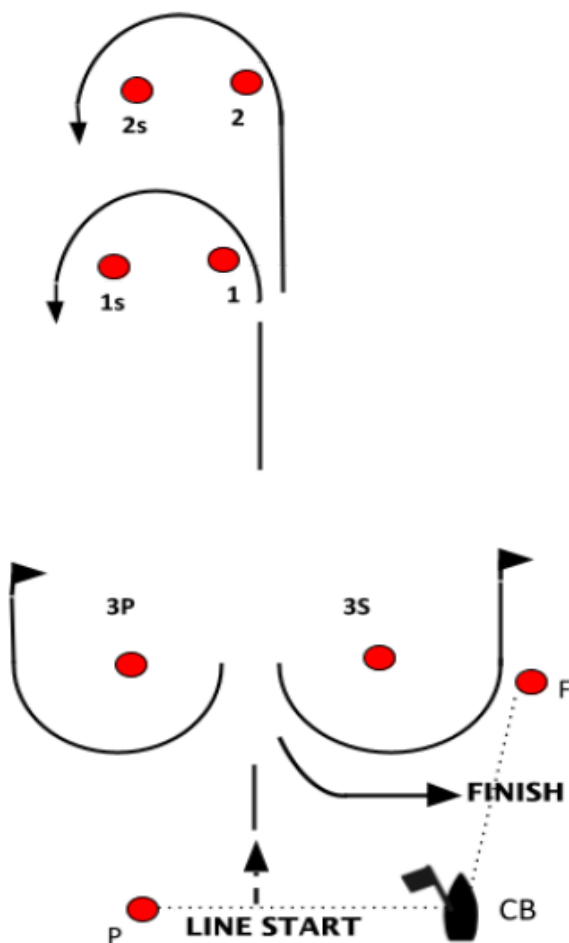
Course 1: 1 – 1s – 3S/P

Course 2: 2 – 2s – 3S/P

A 1.2 Boats shall sail these courses until flag S is displayed on the committee boat with two sounds signals and then proceed to the finish line (CB – F) after completing the lap they are on. Flag S may also be displayed on a RIB in the vicinity of the windward mark(s) to indicate the intention to finish after completing the current lap.

A 1.3 The course that each class will sail will be advised at the briefing.

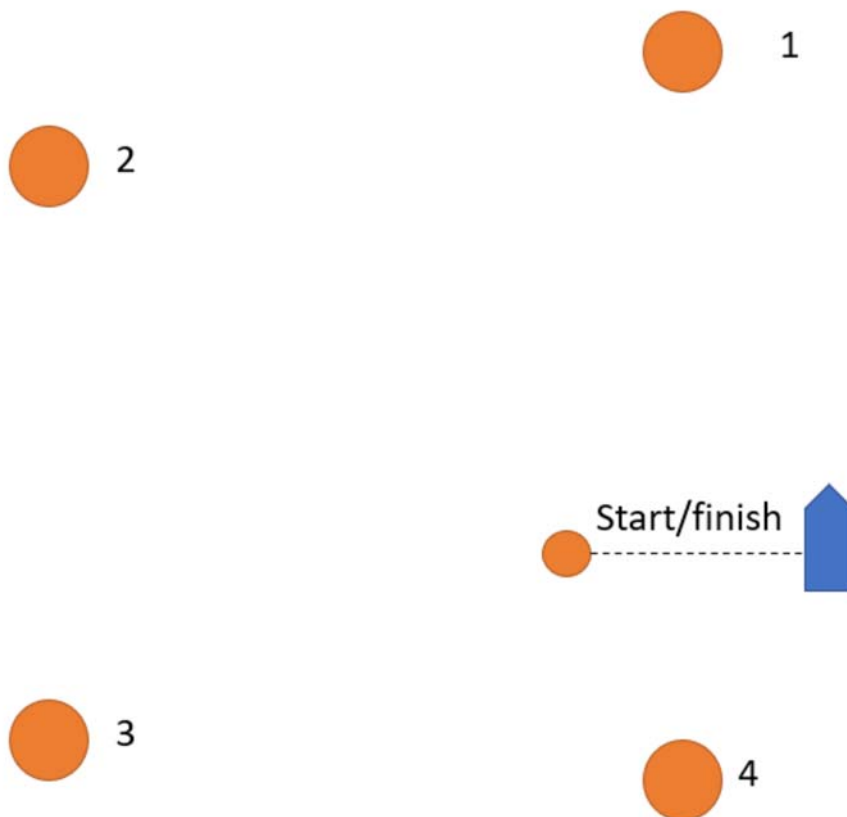
A 1.4 If the race committee are unable to lay both gate marks (3P and 3S) and only one is laid, boats shall treat this mark as 3S and leave it to port.



## SI ADDENDUM B

B 1.1 Start/Finish – 1 – 2 – 3 – 4 – Start/Finish

B 1.2 All marks to be left to port





## SI ADDENDUM C

- C 1.1 The course for the Bass Rock race is as follows: 1 – Bass Rock – Finish. Mark 1 and Bass Rock are to be left to port. Depending on the wind direction, mark 1 may be attached to the pin end buoy and boats shall sail straight to the Bass Rock.
- C 1.2 If "B" is displayed on the side of the committee boat, the Bass Rock is substituted by mark B.
- C1.3 The finish line will be between the pole on the ELYC watch hut and an orange championship mark. An inner limit marker may be used to indicate the safe distance from the rocks off the watch hut. No boat shall pass between the inner limit and the rocks.
- C 1.3 The figure below shows the intended positions of the start line, marks 1 and B and the finish line.

